## PLAY AL KEMI personal development through playful Alchemical activity

1/11/22

We are lived by powers we pretend to understand: They arrange our loves; it is they who direct at the end The enemy bullet, the sickness, or even our hand.

It is their tomorrow hangs over the earth of the living And all that we wish for our friends; but existing is believing We know for whom we mourn and who is grieving. -W.H.Auden

## <u>WHY?</u>

Driven by curiosity, adventure, a wound, a Transition, a felt shift, wanting more PLAY in life

*Learning* about those "powers we pretend to understand", your *Etheric Cords, Ancestral Karma* 

Learning to Better See the Metaphor in Daily Life; to Live a more Poetic (5D) Life

*Contact/Honor* neurodiversity, the non-rational, the indistinct and ambiguous, *The Trickster* 

**Re-balance** The Prose and Poetry of Living by **Trusting Chance** The Head (Rules, Counting, Patterns, thinking, logic), **The Heart**, Intention, feeling, hunch, Intuition, Memory, Manners), and **Hand** Physical, Matter, mechanics, Form making, the technical)

"Artists can choose what to do — inventing deceptions to encourage more consumption —or helping repair the world." David Berman

HOW?Use Play/game Model, not pedagogy.Trust the Lightly RationalAlone QuietConsidering things: Images, Wandering, Study, Waiting, EntrancingAlone ActiveGetting Ready: Start to Make Your Kit, Profile, Alt identity:With OthersShowing/Sharing/Listening/Collaborating/Making up the GAME

**ELEMENTS BOARD:** Buddha Bd, Pillows, **TOOLS of CHANCE:** Dice, Timer, Cards in Piles, **POINTS:** Pins, Thorns, Tacks **CARDS**: Blank & Basic Deck, **PIECES:** found, brought, yarns, empties,

## **GAME ACTIONS**

Bring/Show/Share <u>your Game Kit</u> of favorite pieces, boards and cards Adopt a Game Persona/Character (archetype) to embody Get a Name, a Cap <u>Discuss "rules": ways to play, win, OR NOT</u> Use of Chance, Dice, Timer, Cards, Objects, Pieces, Buddha Board, Loose Parts area, Picking, Matching, Rolling Dice, Losing a turn, Getting "points" Home, Safe, when to Share or Draw a Quote Card

<u>Prompts</u> Suits/Sorts/Records of Current Interests, Encounters, Etheric Cords Nature Guides Places Earworms <u>Spills/Accidents</u> Symptoms Dreams Memories Wounds Thumbprints The Elements:, Air, Earth, Water, Fire, Aether

**EXPRESSIONS:** Later, Alone, After, In Between The Game Goes ON!. <u>Keep Developing</u> Your Deck, Game Kit, Book of Mirrors, Gifting, Finding Clan WHY, again? as Ways to meet your shy, deprived, deformed, dark, shadow selves. HOW, again? By Digestion, Quiet Exploration, Meditation, Service, Play, MAYA