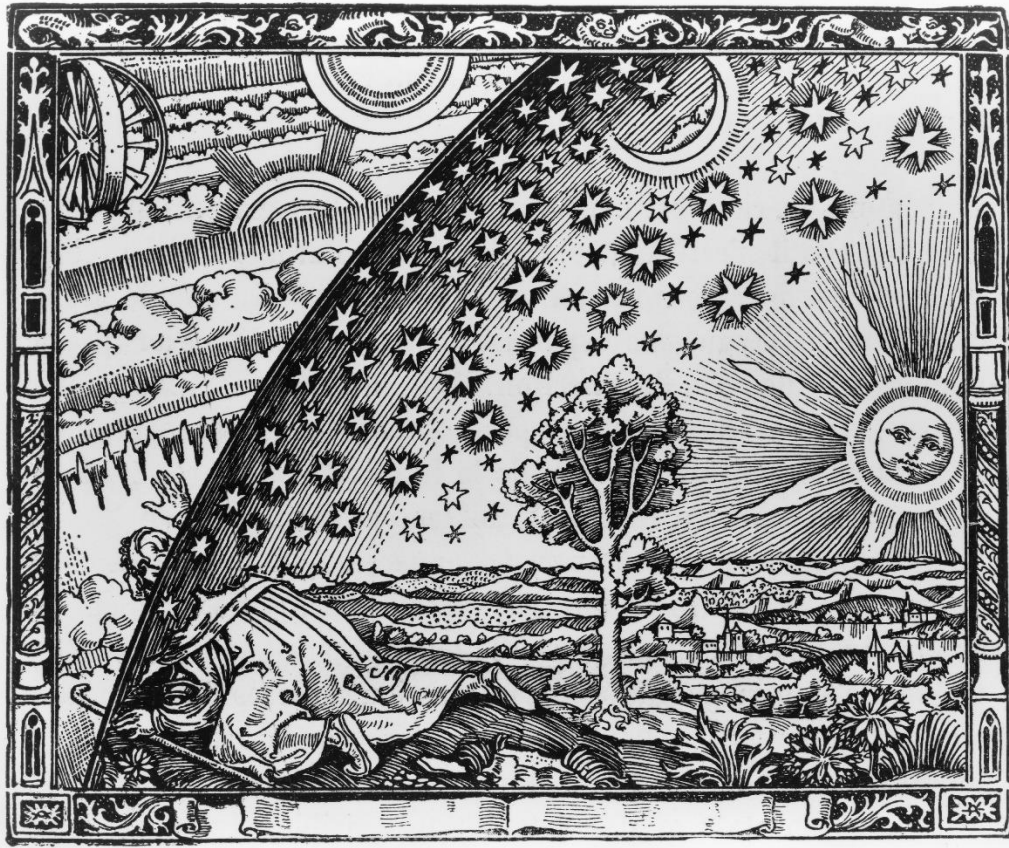


*We are being lived by powers we pretend to understand.* W. H. Auden

## Casual Alchemy

*The Climate is Changing* 11.3.21



“The rush and pressure of modern life are a form, perhaps the most common form, of contemporary violence. To allow oneself to be carried away by a multitude of conflicting concerns, to surrender to too many demands, to commit oneself to too many projects, to want to help everyone in everything, is to succumb to violence. The frenzy of our activity neutralizes our work for peace. It destroys our own inner capacity for peace. It destroys the fruitfulness of our own work, because it kills the root of inner wisdom which makes work fruitful.”

***Thomas Merton***

# Casual Alchemy

***“Bidden or not bidden, the gods arrive.”***

*in accident, disguise, chance, coincidence, events...*

*alone, in pairs, triples or mobs... as friends, family, strangers;*

*as feathers, leaves, sticks and stone; in emails, spider bites and trips to the store.*

**Casual Alchemy** is discovering ways, *likely non-rational*, to meet the gods. It's appreciating that *“messages” may need and present in many several different way... in length, style, time...*



# **WHAT'S? Happening?**

## ***There's a Churn, a Shift***

***It's personal, age stage, medical, political, global and spiritual all at once.***

### **Shifting World View:**

Each reveals different layer of reality;

***"I believe different things in different places"***



*This is a "meandering spiral"*

**Time Shifts** from chronos to **Kairos** *Slow Down, different frequency.*  
Waiting and Coincidence become more important

### **Needs/ Interests/Capacities are Evolving**

***This is often a subtle and lightly conscious process. There are indicators:***  
***Your Civility Membrane May Thin*** out, more gets through

***\*See Separate Booklets on Needs, Aging***

**Etheric Cords are becoming more evident**

***\*See Separate Booklet***

### **More Encounters, Entanglements with Archetypes, the Non-Rational**

**Experiences of the Cognitive Kaleidoscope:** Everything still there but jumbled-replaced-repositioned less insulated; more empathy,  
**Archetypal Energy appears of The Misanthrope, Scamp, Trickster, Hermit**

**It's Time to Dismantle, Re Arrange, Re-Order** the urgent need/compulsion to rearrange those deck chairs. There's an experience of profound disorder  
**New frequencies** 5-D *Homo Spiritus*



# **Responses?** 11.3.21

## ***Overwhelmed? Angry? Bewildered? Curious?***

Develop “*personal sustainability*” incrementally move boundaries of ego out with regular contact w coincidence, accident, Kairos, Others and Nature as the ego ripens, it can allow and actually seek more encounter.

## **1. Alone/Quiet/Still** “*noticing, feeling, watching*” ***Heart Work***

**Be in Nature** alone see “*derive*”

**Trust Intuition**

**Consider Waiting, being Indirect** worthwhile activities

**Be Playful and Joyful**

**Be Open** to the game changing; that the Full Story is still unfolding; That effects may precede cause

**Be Curious, Alert** to accidents, coincidences

**Recognize/Accept/Honor** It’s taken years to grow into a who you are

**Your perversions?** secrets, need for deception

**Your Life Stage:** what’s gone, what’s arrived What’s

**MINDFUL AGING**

**Your Dreams, Memories, Earworms** Reveal FOUNDATION BLOCKS:

**Your Language?** Are your words, images technical and mechanical or

**ORGANIC?** Notice your JARGON: big or odd words that isolate Try to Talk WITH not at.

**Your recognizing and attention to meeting Core Needs for:**

**Wonder** (awe, mystery, “feeling in”); **Dexterity** (transforming, hand-spirit, Infinite Play); **Stories** (how you fit into the world); **The Feral, Organic, Sensual, The Carnal,**

Maybe there’re Needs **to Belong, to Provide, to Dominate, to Submit, to Lump and to Split**



***\*\*See Separate Booklets of Needs, Cords***

## 2. Alone/Active

“light making”

Head & Heart Work

*Still NO art, no tasks, no work, no projects... just idlying with materials*

### Note/List/Inventory/Materialise

*Use a Buddha Board, blanks cards, empty containers, sticks with things attached... to honor*

Your “Smokey Life”.

Your “Ethereic Cords” the connections you have make and make every day and how they shape who you are,

The Couplets you like. Are they really opposites or pairings? *See list*

Your patterns of Dismantling, Reordering, Self-Soothing *reactions to profound disorder*, upheaval,

Your Ways in World: What you Eat? Buy? Watch?

Social media profile, groups, family, How you balance Tech/Nature?

Who Keep Showing Up?

Items of Importance Your VOIs Celia '92 article



### Make Things, alone

Made Objects are “amplifiers” of psyche, visible tangible messages of elusive truths.

It is simply the putting patterns, order on materials; a way to Mother (*MATER-ial*) and Father (*PATER-n*).

Comfort and Practice with organic quality of ordering/reordering/; assembling and dismantling  
*We all make Dinner, Time, Trouble* Honor the Ordinary.





### **3. Make Things, with Others**

**Hand Work**

FIND Ways, Places, People TO PRACTICE and MODEL over and Over....

**\*\*See Separate Booklet of Making**

#### **What to Do with Made Things?**

**Create a KunstKammer**

collections of interesting, random objects,  
old/new, made/found, nature/culture, history/future

**Place Made-Objects in your Home**

as Shrines, Fetishes Altars as Public Portal for Delight,  
Amusement, Play.

**Gift things to Others** Gift Stories: Grave Cards



#### **4. Review/Digest Often** course correction “The path shows the way”

**What’s Repeating/Appearing?** Are familiar themes appearing? Do Family members/memories appear? Remember, it’s all about **MAterial/PA**tern New and Old Who’s showing up, (Cameo Roles) sticking in your Stories? What you’re discovering to be “true”. Find “touchpoints” for sharing **Animal Visitor + Etheric Cords Calendars See**

**Shiny Objects:** Are they distractions or signposts

**Consult Hidden Pairing** Not What’s This about, but what Else is this about?  
If something is Lost, what’s Found? If something is Here, what is Hidden?

**Do a Tech Bio:** uses of phone, computer? What are you saving, sharing, Making?

**Light Touch!** not full arguments, but allurements. **Take Small Risks**

**Poetry often enters through the window of irrelevance.** M.C Richards

**Find Your Surreal name** an anagram of the letters in your name.

**Try Small Scale Objects:** How little of something is needed to make meaning? Coffee Filter art  
**Where care, ordering, attention, time ACTUALLY goes:**

#### **5. Develop Your Book of Shadows and Grimoire**

**It’s the Notebook, the Journal of what you’re learning** what works, what takes on or sheds meaning.

**\*\*See Separate Booklet of Book of Shadows**

#### **6. Feed Your Curiosity!** Seek New Knowledge and Perspective

**Trails, Scents to Follow** and share, to stay open, porous to what’s out there

**Read/Share poems, ideas, words, terms...**

**\*\* See Separate Booklet of Trails, Scents, References**