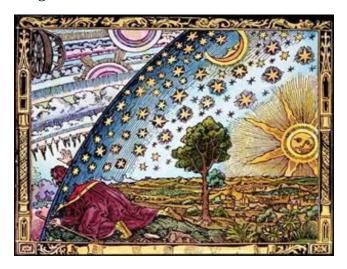
Casual Alchemy June 2021 "Intuitive Making" Presentation Notes, rough



Exploring Self, Community and Nature with chance, coincidence, accident, Unconscious Intelligence by making objects as compasses, tools of personal exploration in the helical twist of our 3 Living Realities: The Imagined, The Perceived, The Remembered

WHY? It changes! It needs attention, reviewing, refreshing by Looking In, Out, Down, Back and Ahead.

These are not tasks, but invitations, idyls to "kindle magic in an unmysterious world"." Joseph Stella

Talk Notes Omega Zoom *IntuitiveMaking* event 6.8.21

WHAT'S? Happening?

The Climate is Changing

"The rush and pressure of modern life are a form, perhaps the most common form, of contemporary violence. To allow oneself to be carried away by a multitude of conflicting concerns, to surrender to too many demands,

to commit oneself to too many projects, to want to help everyone in everything, is to succumb to violence. The frenzy of our activity neutralizes our work for peace. It destroys our own inner capacity for peace. It destroys the fruitfulness of our own work, because it kills the root of inner wisdom which makes work fruitful." *Thomas Merton*

<u>It's personal:</u> age stage, medical, political, spiritual, "standing", visibility

<u>Shifting WorldView</u>: Each reveals different layer of reality; "I believe different things in different places" Fedrico Fellini

<u>Time</u> is changing: from chronos to *Kairos* Slows Down, different frequency WAIT!

Check Astrological Movements

SEE <u>jessicadavidson.co.uk/tag/apocalypse/</u>

Encounters w Disorder Cognitive
Kaleidoscope Everything still there
but jumbled-replaced-repositioned less
insulated. Interests and friends change.
Pickup new frequencies/ sm tear in mind
fabric more empathy, protected
Each ordering we choose is seemingly a selfevident virtue until it is challenged.
the urgent need/compulsion to rearrange
those deck chairs

<u>Civility Membrane</u> May Thin out, more gets through Archetypal energy of Misanthrope, Scamp, Hermit

Watch for Emerging Archetypes

TRICKSTER/Scamp appears Time to
Dismantle, Re Arrange, Re-Order

<u>HomoSpiritus</u> www.friendsofgnosis.ca/thenaissan ce-and-homo-spiritus/ Religion is the attraction of the soul to God QuakerInward Light en.wikipedia.org/wiki/Theurgy

Aging/Eldering accelerated stages of dementia,

erratic behaviors Joan Halifax, Andy Fisher
learning to live in twilight w dated and worn forms. like my
website surrendrng uncertnty-embracng-mud

Responses

discovering adjustments to <u>personal</u> <u>sustainability</u>

WHY? To get more access to core themes, your psychic fuels, the Values that drive your actions

HOW? 2-Word Answers:

Play More Trust Intuition

Be Creatively out-of-control *Like Boiling a Frog*: incrementally move boundaries of ego out with regular contact w coincidence, accident, Kairos, Others and Nature "Collaborate" = *Merge, Dissolve, Emerge*

Honor <u>Indirect</u> Attention, different valence, nutrient mix from sharp limelight attention Use noticing, <u>casual</u> attention. Avoid the Full Frontal approach see what develops Try using more <u>Organic language</u>: terms from farming, gardening, cooking, words about the Body

1. Alone/ Quiet/ Still

in the moment feeling/watching
En-Trance encounters w Chance, Accident
Wow of Now
Deep Breath, Do a Body Scan

<u>Recognize/Accept/Honor who you are</u>
It's taken years to grow into who you are

Be in Nature Alone se "derive" (da reev)

<u>Be Open</u> to the game changing Prep/Resp may precede Event

Be Playful and Joyful Just Notice/Touch, perhaps Arrange **Altars:** "a sacred empty space that invites psyche"

Be Curious and Alert to accidents, coincidences messages. But do ask if these shiny objects, side trails are in service of wisdom or a distraction

<u>Expect/Invite Visitors</u> via Needs, Dreams, memories, Old Clans, themes, "Oh, you again"

2. Alone/Active only slightly more self-aware/directing, but still alone. Some questions and activities

<u>Just Note/List</u> where you energy, interests time REALLY goes. Check out "Etheric Cords" This is like a Diary)

Explore Your "Smokey Life" your range of reactions to profound disorder. natural and cultural upheaval,

<u>Your VIOs?</u> an attraction to an inanimate object: Stuffies fetish, talisman, Why

<u>Who's Showing Up?</u> New and Old (Cameo Roles) sticking in your Stories? In Dreams

Language. Collect ORGANIC images, ideas and words: cooking, foraging, ripening,
Notice and Be Alert to Technical and mechanical -based words, images and ideas

Review Your NEED for

Wonder. awe, play, mystery, "feeling in"
Dexterity (transforming, hand-spirit,
Stories (how you fit into the world),
Organic/Sensual/The Feral/The Carnal
to Belong, to Provide, to Dominate, to Submit
The Need to Lump and the Need to Split

<u>Review Your Clans</u>, Now Recognize, Find, Tweak affiliation Disfiliation changes Ascribed earned *Again*, *see Etheric Cords*.

<u>Matterings/Projects</u> Make Trance-Catchers Objects are Clues to speak to merging selves. Witness Plurality Practice Impermanence

Try renaming/positioning objects? What Else could these Be? "art dolls" "fetishes" "stuffies" "outsider art"

<u>Honor the Ordinary</u> <u>Use Empties</u> boxes jars as Altars, (DollarStore) <u>See what comes</u>

<u>Make</u> Cards, Tools, Masks, Effigies ("dolls, puppets?"), via Cards, Tools, **altars** "a sacred empty space that invites psyche" What do you need tools for? Protection, sorting, aggression honoring, awe inspiring, skills demo

<u>Try Haiku</u> 5-7-5 Nature-Now Contrast in both words and objects!

<u>Seek New Knowledge/ perspective</u> <u>see list</u>

"A different language is a different vision of life" Frederico Fellini

Look at Cave Drawings of people, tools, animals See Etsy. Pinterest algorithm Look up **Process Art, Reverse Grafitti**

3. With Others

<u>Consider "Sonder</u>" when you realize everyone you see, pass by has their own complex life. *like yours* - with similar heartache happiness, routines,-

TRUST THE CAPACITY OF THE Other

Be Wary of JARGON: fancy words that isolate Talk WITH people not AT them

Role of Artist/Teacher as Steward of The Imagination; Knowing when and how to "Step Aside"

See Jenny Mack YouTubes

Help inflect exploring over exploiting;

Just Ease discovery of preferences; collaborating/merging/blending w Imagination;

<u>Responding to chance, accident to explore</u> experiment with degrees

of control, safety, merging, emerging

Help Access Deep Patterns of S'elf: Games, Giving, Getting, Organizing/Destroying

Play with Childen 3-4

yo Winonadescription Images from albums Maple seed insects, sand Buddha's

<u>Games</u> Trust the Players rules to be made up. Create pieces, cards, spinners but no rules Game Pieces "Points? "thorns?

Just enough Prep to indicate, resonate with deep idea of "game" Game of Empties? \$5 at Dollar Store

<u>Practice Gifting, adornment,</u> <u>costuming</u> It's Organic, intimate: like planting a seed

Develop playful persona to listen to: via puppets, masks, GameName (anagram) *Matterings/Projects* "Place Such Objects in your Home, Gift them to Others "Collaborate"/Dissolve Collect *Make Kits* Select psyche-related, iconic shapes, materials S'paper, dwood *Just sand this*. Stay with the Common: dirt, rust, smoke, fowers/grass (pounding as **Disorder**) Outlining as **Orde**

Share/Learn New Knowledge, perspective Poems, Quotes Find "touchpoints" for sharing What you're discovering to be "true" taoist-farmer-f12c surrendrng-to-uncertnty-mud

Notes from a similar 2 1/2\-hour Imaginal Toolmaking workshop in 2008

We are all makers. Like beavers keep chewing, we humans <u>have to make</u> to stay alive. We make breakfast, time for visiting, our way; we make deals, we make up and we make trouble. We make products, our living, our families, our peace; we make friends and enemies, this and that...

Every form of making works on several levels. There's the "practical" level. We make things that look like other things we have and use and seem to need: *knives*, *forks*, *spoons*, *pots*, *chairs*, *benches*, *beds*...

My interest as a researcher, is in the "imaginal" level of making. What "else" does something do? What does a thing mean? Or what meanings are getting mattered by these things? On this level, humans are the ways that certain energies get themselves into the world. Because we "make", we are a part of a intricate process... not unlike how bees pollinate flowers and make honey and, and, and

Well, no matter. I am a very practical maker and believe and trust and know that the imaginal level of making is always happening.

So what happens in an Imaginal Toolmaking Workshop?? We make lots of different tools, practical and imaginal. We make a mallet. We might re-handle spoons and forks; we might re-sharpen metal into knives; ... and we learn more about just what tools do. Tools help direct our attention and our physical energy for the tasks of living... Those screwdrivers, hammers, drills all have their purposes.... and so do the sticks tipped with shells and feathers. Wands are just tools for collecting and directing energy. Just a specialised form of a screwdriver... (maybe a screwdriver for the soul)

What Skills? What Activities? selecting materials, cutting, shaping, sanding, drilling, joining

What's the take-away? well, a wooden mallet and several other tools or tool-like items of your choosing.

Is this <u>really</u> weird? yes and no. It depends on how weird you are or want to be. (And the word is spelled "wyrd"...look it up!). Some people make the mallets, spoons and knives... others see the what the wands and small sculptures are all about. Anyway, it's only two hours. How bad can it be?

Show me the stuff! OK Here's Kim Vergil's work in March-April 2008





The Hag Skull

Bird Hatched