***Casual Alchemy*** *(Sangha)* ***9.18.22*** ***Keep putting your s’elf in Charm’s Way***

**GOALS:** ***Finding Meaning, Joy, Better tuned and Balanced to who you are NOW***

***Practices/Ways How, Generally*** Take ***The Sacred Pause***

**Discovering Ways** to update, fine tune your Gifts, earned exp w current state of being/ Needs/Ways of

**Joy**/Happiness, Shadow! Surprise, Berman quote Increase Tolerance, Develop Deep Curiosity

***Chance to ShapeShift,*** *Offer Witness* ***Access/Resonate inflection off words Reconciling***

***Find the Sacred Quality of SOME Mundane Activity as Ritual,*** not Chore;*,* **Keep Asking“*What Else****?”*

*Review/****Alter Worn Habits, Make*** Amends*, Solace Contact* ***w OtherTimes, Model Eldering the Insights of later life.***

***Be Alert for Clues, Triggers, Totems, Portals for energies revisiting,*** *Values, Clues to Hidden S’elfs*

***Balancing Several Realities via Alone/Quiet, Alone/Active, With Others On the Etheric Plane***

***Kindly Exploring pairings, ambiguities, polarities, contradictions. Making a trail, bread crumbs? of objects.***

***Re Balance Reflect, esp honor*** Belly ***tradition***  ***Head, Heart, Belly/Hand***

***Spiritual Importance of Repetition, like Mantra, a reiteration, Refraction, turning the crystal to see aneWay.***

***Develop curiosity to appreciate Other Kaleidoscopic Patterns (moods?) Materials(nodes?)w/o buying it***

As Lairs/*Roosts* for Visitng Powers (Disguised?) ALL Demons *Helpers, Spirit Spouses, Dragons* Bri *Hive directed*

***Explore the imperfection, incompleteness, impermanent, inspecific, casual, organic, CHANGE as basic rhythm***

***Explore Quantum View*** It’s all the Same Energy: Matter/People/Objects; Objects/Material is working through you,with you; Play dance with it,

***CONSIDER Role of Chance****, memory, hunches, clues, browsing, wandering, pondering,* ***Short-Circuit Logic, Words***

***It’s the Way we think, feel, learn… by resonance, abduction, hunch in a Pilish Way***

Getting used to ***change*** as basic rhythm Unpredictable shapeshifter, *seasonal, erratic, revealing, organic, cyclical,*

*elusive, poetic, evolving, delight,* ***playful****, Shadow,*Carnival multi sensual ***Symbolin:*** *Pieces Thrown Together:*

***More/Less permanent***, **Broken, Eroded**, **Fractured,** Changed: ***PILES*, XRows** Carry Old Stories, ***Viruses get energized***

***Develop/Use The Poetic Eye to*** Revisit/RePhrase OUTERINGS ***actions/cords/symptoms What Else?to shift view***

***HOW, More specifically? Write and “Just” Just Keep putting your s’elf in Charm’s Way***

***1. Just BE with your Body*** size, shape, “symptoms”

***2. Just BE STILL*** “**Truth lives in Silence” *Kairos=Archetypal Time, Pattern is recessive, slow, semiannually***

***3. Look/Wait for*** Non-verbal Clues, Triggers, Spirit Energy Visitors/Messengers,The Recurring/Emerging,

Images, Objects (totems?), Dreams, Old StoryLines, rhythms, Recent encounters with Danger ***Notice Shadows***

***4. Just a Thumbnail of your s’elf:*** *Reincarnated? Color, 2Wd Bio, Quotes, Spirit Energies*What Elses AltRealities,

*who/what haunts*? ***Revisit STORYS/Themes? What Parts Still Work? Dominant and* Emerging Metaphors**?

**Reveal *hidden* Stories *What Kind of Drama Queen are you? Your Charts: MBTI, Enneagram,* SHADOWS**

Invite Your Core Archetypes Emerge, Present, Be with you Anew, Freshly

***5. Just PLAY!*** Making non-verbal response; ALT Ways, Piles, Not Rows remake meaning by juxtaposition

Experiments in Order/Disorder/Next Order = Alchemy Different kinds of “Order” are you Encountering, Making?

Pattern/Materials Aim for ***Curious Complexity, not Utter Confusion Stuck? Find a few 4-year olds***

***6. Just Make a PILE Notebook, Odd PagesS*** List Your “Projects-in-the-Werks” and What You Make:

***7. Just Collect/Share Visual/Metaphor* Images *that Move you*** Buddhist Demons painting ***KaleidoscopicWay***

***Doing Natural Magic SnowGlobe? to*** ALLOW MORE Ways to  ***See World* Shiftng**:Materials constant Patterns shift

***8. Just FIND CLAN 5D? “ Who enlivens you?” SpiritAnimals Shed or Chill 3D encounters***

SEEK Etheric Relations Who else Plays, Gifts, Transient/Emerging Share control of outcome.

***9. Just Make Altars, CordCuttrs, Deck, LeftObj Piles Use an Empty, Find Something and Wait***

*CArd Deck Blanks,er Empties* Portable/Pocket Wunderkammer =Kaliedescope =Trickster Expression = Order/ReOrder

***10. Just SCATTERJOY***: ***Share Your Gifts (service energy):*** *stories into* ***action How changed?***

**There is no beautifier of complexion, form or behavior, like the wish to scatter joy And not pain around us.** Emerson

*TradingPost Model WHAT TO TRADE? SpiritCards, Liminal Tools, Games w/o Directions*

*Liminal Activism* *Awe and Surprise, Hang on TREE* 3P WellngWands*? Make/Give Your Cards to Others*

**2008 Iteration**

**Casual Alchemy** old ***Primitivism*** 12.17.08 ***refound 7.23.22***

***Its purpose is to engage with the spirit world***. To ***Allow for Other Energies to present in their own ways and times. Made with and as intuitive technologies:*** ***Masks, Images, tools, Cord Cutters, Messages, Altars, Icons, Statues, Relics, rejectamenta, found…*** suitable for dealing with spirits are ***not made according to the laws of perspective***. ***They are seen with the imaginal eye (of magic)***  Related to Primitivism, Chance Art: Belief in Power of Found Shapes, textures ***About Animism, not Domination; About Piles, not Rows A concern with cultural phenomena on the periphery*** particularly sexuality, madness, spiritual punishment, violence, and alterity—“othermess” Shadow, deceit, secrecy, activities of thin places… the Goblin Market; The Frontier, Outliers, Dementia, Sex, Spirits, Christ *“stone the builders rejected”****Celebration of the "unconscious***," concern with [dreams](http://en.wikipedia.org/wiki/Dreams) and [symbols](http://en.wikipedia.org/wiki/Symbols), often assumed to be "universal." Archetypal aspects***Abstraction of the figure***, particularly facial and bodily proportions. NOT naturalistic representation. Tribal/primitive art makes no attempt at/interest the realism which has been usually preferred by those who dwell in townsrepresent objects or ideas rather than depict them. Abstraction over Realism. Resonate w Idea/Energy, Abstraction requires Viewer Participation, Completion, not just admiration! Requires Restraint of Completion in service of its Affect. ***BigTime POWERSHIFT Spiritual Politics!Overt sexuality***, combined with exaggeration and exposure of the genitals. ***Violation*** of Geometries, Accepted Ways of working ***Flatness and geometric designs*** ***in a rough, manipulated style, to connote "rawness***." ***Wabi***-sabiFocus on ***rhythmic and percussive*** elements, in music and [ritual](http://en.wikipedia.org/wiki/Ritual) performance***the pursuit developing of ways of life running counter to the development of technology***.

**ADDRESSES ALL FOUR NEEDS:Organic:** versus technical (PRIMITIVISM) **Stories**… usually about “otherness” a rebalancing, tipping **Dexterity/Transformation**: Making this into that: “I am becoming” I participate in Becoming (FETISHES) **Awe/Wonder/Joy/Play** (ALCHEMY)[**http://www.primitivism.com/**](http://www.primitivism.com/)